

Philosophical Agreement

Congratulations on choosing chiropractic for your health! The journey you are about to embark upon is a very special one. We find that the best results occur when everyone involved has clear and mutual objectives for care. Below are some fundamental points about health and healing and how we do things in our office.

- The body is designed to be healthy
 - Within all of us is the wisdom of nature, which knows how to mend a broken bone, recover from the flu, and much much more!
 - The health of the spine and nerve system are crucial toward restoring and maintaining health
 - Stress beyond what the body is capable of handling in a moment creates tension patterns throughout the body, spine, and the nerve system
 - Chiropractors call these tension patterns “Subluxations,” or “Subluxation Patterns”
 - Subluxations diminish our ability to express complete health
 - When our health is diminished, this affects every aspect of our lives including our immune system, our energy levels, our relationships, our work, our sleep, our appetite, our perception of pain, and much more
 - While many people come to chiropractors for help with specific conditions, our sole objective in this office is to help you integrate your subluxations so you can express complete health
 - We can no more cure you than an orthopedic surgeon can cure a broken arm. What we can do is help your body get to a place where it can heal better, just like having a broken bone aligned properly helps the bones to heal properly
 - To facilitate this process, we will be adjusting you in an open room. We find that the open room best facilitates our unique approach. If you would like a private space and session we will happily provide this for you
 - Being well adjusted impacts every aspect of our lives allowing us to enjoy stronger immune function, better relationships, more stable energy and moods, higher quality sleep, and much more
- One of our chiropractors can more fully explain any of these points, if you desire.

I understand and agree to these terms, and give Seaside Chiropractic permission to check me for subluxations, and adjust me if necessary.

Signature: _____ Date: _____